



ENDURANCE

BACK GROUND

The discipline ENDURANCE falls under the SAEC (*South African Equestrian Council*) and is associated with SANEF (*South African National Equestrian Federation*) and managed by ERASA (*Endurance Ride Association of South Africa*).

Endurance is a competition against the clock where the speed and endurance of a horse is put to the test and where riders are also challenged with regards to effective use of pace and thorough knowledge of their horses and their ability to perform cross country. Indeed, although the riders are timed, the emphasis is on finishing in good condition rather than coming first. Endurance is a genuine test of horsemanship which began as a necessity rather than a sport. Horseback riding was the main form of transportation for centuries and reliable horses that could travel long distances while remaining healthy and fit were much sought after. Since necessity was replaced by many other means of transportation, it has thrived as a sport.

Modern Competitions consist of a number of sections called phases. At the end of each phase, there is a compulsory hold for veterinary inspection, usually referred to as a “vet gate”/check point. Riders are free to choose their own pace between the start and the finish of the competition. They may lead or follow their horses, but must be mounted crossing the starting line and the finish line. Each horse, which is thoroughly examined before it is allowed to start the ride, must be presented for inspection within a set time of reaching each “vet gate”/check point. The aim of the check is to determine whether the horse is fit to continue the ride. A final veterinary inspection occurs at the end of all rides to ensure that horses completing the ride are not overly fatigued or lame. Excessive fatigue, signs of lameness and other indications of problems are grounds for elimination.

Endurance requires extensive preparation and a deep knowledge and understanding between horse and rider. In this way the well being of the horse can be maintained at all times.

As part of SANEF, the following will also be required of the SANEF Schools ENDURANCE riders:

1. At all times the welfare of the horse must be paramount and must never be subordinated to competitive or commercial influences.

2. At all stages during the preparation and training of competition horses, welfare must take precedence over all other demands. This includes good horse management, training methods, farriery and tack, and transportation.
3. All SANEF Schools ENDURANCE riders and their parents/guardians are responsible for their horses and their horses' behaviour at all times. Should a rider choose to ride a stallion, the total responsibility for that stallion's behaviour and that of the safety of other riders in contact with that stallion, will be with the rider and his/her parents/guardian.
4. All SANEF Schools ENDURANCE riders of stallions may not compete unless they have lodged the "Stallion Indemnity Form" (available from www.sanefschoools.org.za) with the SANEF Schools National office and the offices of ERASA. All stallions must display the yellow "stallion tag" on their bridles and a yellow ribbon on their tail at all times.
5. The show organisers reserve the right to ask any person at any SANEF Schools ENDURANCE ride to leave the venue should such persons, in the opinion of the organisers, display bad and unacceptable behaviour, including maltreatment of horses/ponies.
6. The organisers reserve the right to intervene at any stage should they feel that the horse and/or rider pose a safety risk to themselves and/or anyone else at a show.
7. No rider may enter for any SANEF Schools ENDURANCE ride unless they are accompanied by a parent or designated guardian who takes FULL responsibility for the rider and his/her horse/s.
8. Novice horses may only be entered for level 0 and level 1 rides. Horses entered for level 2 and 3 rides must have completed their ERASA Novice Horse Stage (ie. all horses entered for level 2 or 3 rides must already have successfully completed the required rides to take them out of "novice"). Rides of 80km and 120km under the ERASA Step Ladder rules will not be recognised for the SANEF Schools ENDURANCE Competition.
9. All SANEF Schools ENDURANCE entries will be administered by the ERASA office as the Schools ENDURANCE ride will run concurrently with scheduled ERASA rides. Riders who wish to participate in the SANEF Schools ENDURANCE Competition must indicate their intention by paying the prescribed levies for all rides in a season up front.
10. Neither SANEF, SANEF Schools, ERASA or a venue, nor its agents, employees, officers, officials, members, independent contractors, volunteers or any other persons associated therewith shall be responsible or may be held liable for any loss, damage or injury including consequential losses, suffered by or caused to any person or property on or about the property or premises on which any SANEF Schools event, competition, match, ride, practice or related activity or any other activity of the SANEF Schools of whatsoever nature is held, whether or not such loss, damage or injury is occasioned by any act or omission of the SANEF Schools its agents, employees,

officers, members, independent contractors, volunteers or any other persons associated therewith or for whose actions they or any of them would be liable in law, or by reason of *vis major, casus fortuitus*, rain or other water, riots, strikes, theft or burglary with or without forcible entry, or by any reason or any condition on or off any grounds, building structures, premises or facilities on or about which any SANEF SCHOOLS event, competition, function or meeting of whatsoever nature is held, or caused by any sporting activity, or by any other cause of whatsoever nature and howsoever arising.

11. All owners and competitors are personally responsible for damages to third parties caused by themselves, their employees, their agents or their horses. They are therefore strongly advised to take out third-party insurance providing full coverage for participation in any equestrian event and to keep the policy up to date.
12. All schools participating have to be registered with the relevant Department of Education. Regional and/or Provincial SANEF Schools committees will have the right to make a decision on the inclusion or not of those who home school.

These National Rules for SANEF Schools ENDURANCE are produced specifically for use at all events incorporating a SANEF Schools ENDURANCE competition and have been drawn up in the broadest possible terms so as to allow the Organising Committees and the National and Regional Bodies, as much freedom as possible in the management of their Events.

SANEF Schools National and ERASA reserve the right to amend the structure, rules and regulations for SANEF Schools ENDURANCE at any time when deemed necessary to the benefit of the sport, the horse and the rider.

If there is any doubt about the meaning of any of these rules they should be interpreted in the sense of providing fair conditions for all competitors. It is quite obvious that however complete the rules may be they can never cover every eventuality. If the matter cannot be resolved by interpreting the rules to the letter, the solution to be adopted should lie in the principle which follows as nearly as possible to the spirit of the official text.

As is in all equestrian sports, SANEF Schools ENDURANCE must consider the interests of the horse as well as the safety of the rider as paramount.

1.0 CONSTITUTION AND RULES

These rules must be read in conjunction with the ERASA Constitution and Rules (<http://www.horsesport.org.za/endurance/index.htm>.) which form part of these rules and will apply unless specifically excluded or amended. In the event that the ride is a registered FEI event, then the rules are to be read in conjunction with the FEI rules as well as the ERASA rules.

1.0.1 VISION

The main aims and objectives of SANEF Schools are:

- 1.0.1.1 To promote the recognition of Equestrian Disciplines as a team school sport.
- 1.0.1.2 To ensure the equal standing of Equestrian Disciplines with other school sports.
- 1.0.1.3 To encourage schools to recognise pupils' commitment to Equestrian disciplines when reviewing commitment to the school for colours and other honours.
- 1.0.1.4 To encourage less privileged schools and their riders to take part in competitions.

1.1.0 DESCRIPTION OF SANEF SCHOOLS ENDURANCE TERMINOLOGY**1.1.0.1 SANEF SCHOOLS ENDURANCE**

- 1.1.0.1.1 South African National Equestrian Federation Schools Association, in short SANEF Schools.
- 1.1.0.1.2 SANEF Schools ENDURANCE will differentiate between Primary and High schools.

1.1.0.2 PRIMARY SCHOOLS

Primary School will include riders that are *bona fida* learners, irrespective of their age, up to and including grade seven (7) of all schools registered with their relevant Education Departments. Until the beginning of the year in which they turn fourteen (14) years of age, riders have to be accompanied by a senior rider during the ride. Riders will only be allowed to enter for rides at level 1 or higher from the beginning of the year in which they turn ten (10) years of age.

1.1.0.3 HIGH SCHOOLS

Riders competing in this League will include riders that are *bona fida* learners, irrespective of their age, in grade eight (8) through grade thirteen (13) of all schools registered with their relevant Education Departments.

1.1.0.4 SCHOOLS LEAGUE

1.1.0.4.1 This League will consist of a Primary Schools League and a High Schools League.

1.1.0.4.2 This League includes riders competing concurrently with the ERASA rides as set out in the beginning of each season.

1.1.0.4.3 Riders in this League will be eligible for both Regional and Provincial School Equestrian Colours.

1.1.0.4.4 National School Equestrian Teams will be selected from this Leagues' National Championship should the opportunity arise for international competition.

1.1.0.5 MEMBERSHIP

1.1.0.5.1 All schools must be registered with SANEF Schools National office.

1.1.0.5.2 A once off R30.00 registration fee is payable to the ERASA office.

1.1.0.5.3 Although a school may be a combined Primary and High School, for the purposes of participation, they must be registered as two schools, each paying the once off R30.00.

1.1.0.5.4 The School Registration form is available on www.sanefschools.org.za .

1.1.0.5.5 Riders and horses/ponies competing in Level 0 need not to be registered with ERASA, but all riders and horses/ponies competing in Level 1 and up need to be registered with ERASA.

1.1.0.6 AREA

1.1.0.7.1 The provinces (and regions when applicable) will be as per the political provincial map of South Africa, modified where circumstances dictate by the SANEF Schools National Committee.

1.1.0.7 PROVINCIAL SCHOOL EQUESTRIAN ENDURANCE COLOURS

1.1.0.7.1 This will be awarded to all pupils who are selected, and who actually ride, representing their respective PROVINCES at the Nationals Championship.

1.1.0.7.2 This is the ONLY provincial schools colours that will be recognised by SANEF, SANEF Schools, ERASA and its Unions, as well as the various Provincial Horse Societies.

1.1.0.8 NATIONAL CHAMPIONSHIP

1.1.0.8.1 This is the final School Equestrian event of the season held between all participating provinces.

1.1.0.8.2 Should the opportunity present itself to compete internationally, a National School Equestrian Team will be selected from this competition, unless circumstances dictate otherwise.

1.1.0.9 NATIONAL SCHOOL EQUESTRIAN ENDURANCE COLOURS

1.1.0.9.1 National School Equestrian colours will be awarded by ERASA (the National Federation) in collaboration with SANEF Schools National Committee. This will be National SCHOOL EQUESTRIAN colours, not Protea or normal ERASA colours.

1.1.0.10 SEASON

1.1.0.10.1 The qualifying season will run in a calendar year with the final qualifying ride no later than four (4) weeks before the National SANEF Schools Endurance Championship (usually held in September or October of each year).

2.0.0 ENDURANCE IN SANEF SCHOOLS

2.0.0.1 The competition structure will cater for the spectrum of riders from development to excellence.

2.0.0.2 Levels currently offered in SANEF Schools ENDURANCE are:

2.0.1 ENDURANCE

ERASA

www.erasa.co.za

2.0.1.1 Primary Schools

Level 0: 30km ride

*Neither horse or rider have to be registered with ERASA
Recognised horse passport strongly advised but not
compulsory, but proof of all required vaccinations compulsory.*

Level 1: 60km ride

*Both horse and rider have to be registered with ERASA
Recognised horse passport with updated vaccinations, done by
a vet, compulsory.*

Level 2: 80km ride

*Both horse and rider have to be registered with ERASA. Rides
of 80km completed under the ERASA Step Ladder rules are not
recognised in the SANEF Schools ENDURANCE
Competition.
Recognised horse passport with updated vaccinations, done by
a vet, compulsory.*

Level 3: 120km ride

*Both horse and rider have to be registered with ERASA. Rides
of 120km completed under the ERASA Step Ladder rules are
not recognised in the SANEF Schools ENDURANCE
Competition.
Recognised horse passport with updated vaccinations, done by
a vet, compulsory.*

3.0.1.2 High Schools

Level 0: 30km ride

*Neither horse or rider have to be registered with ERASA
Recognised horse passport strongly advised but not
compulsory, but proof of all required vaccinations compulsory.*

- Level 1: 60km ride
*Both horse and rider have to be registered with ERASA
Recognised horse passport with updated vaccinations, done by
a vet, compulsory.*
- Level 2: 80km ride
*Both horse and rider have to be registered with ERASA. Rides
of 80km completed under the ERASA Step Ladder rules are not
recognised in the SANEF Schools ENDURANCE
Competition.
Recognised horse passport with updated vaccinations, done by
a vet, compulsory.*
- Level 3: 120km ride
*Both horse and rider have to be registered with ERASA. Rides
of 120km completed under the ERASA Step Ladder rules are
not recognised in the SANEF Schools ENDURANCE
Competition.
Recognised horse passport with updated vaccinations, done by
a vet, compulsory.*

3.0.0 COMPETITION STRUCTURE

ERASA, in collaboration with the SANEF Schools National committee, will determine the exact procedures for running this competition and may change from time to time.

3.0.1 QUALIFYING

3.0.1.1 Each rider will have to successfully compete three (3) rides at level 2 or 3 of their choice per season prior to the ride that will be announced as the National Schools Championship Ride. These dates will be published on the website www.sanefschoools.org.za and www.erasa.co.za.

3.0.1.2 Only the points accumulated at the official qualifying rides will be used for any team selections.

3.0.1.3 Schools may enter as many individual competitors for qualifying rides as they wish.

3.0.1.4 No cross entry of a horse/rider combination is allowed between the various levels at any one ride.

3.0.2 ENDURANCE SCHOOL LEAGUE SCORING

3.0.2.1 There will be an accumulative school score in each level which will determine the eventual placing of schools at the end of the equestrian league season.

3.0.2.2 Points scored at all the qualifying rides offered will count for the final schools results.

3.0.2.3 The individual scores of rider/horse combinations will be accumulated concurrently with the schools scores over the same rides offered for Provincial Team selection.

3.0.2.4 Points scored at a maximum of three qualifying rides will count towards the individual scores of rider/horses combinations.

3.0.2.5 Should a pupil change schools during a season, any points that he/she has already accumulated will remain credited to the school for which they were scored. Any further points that the pupil scores will be credited to his/her new school.

3.0.3 SCHOOL QUALIFYING POINTS

3.0.3.1 Points will be awarded for all the competitors in the qualifying rides.

3.0.3.2 For rides at level 0, points will be calculated as follows:

The average speed of the rider is corrected based on the handicap of the course of the ride (the same handicap as for rides over 80km on the course, as available on the ERASA ride calendar, is used). This corrected speed is adjusted as indicated in the table below, based on:

- For rides under the compulsory hold time keeping system, the working pulse of the horse (the pulse as determined by the veterinary panel at the end of the first phase).
- For rides under the gate time keeping system, the slip time of the horse (the time from arrival at the ride base/check point until the horse enters the vet gate to be presented to the veterinary panel).

Riders are placed in accordance with the adjusted speed. The rider with the best adjusted speed is awarded 100 points, the rider with the second fastest adjusted speed 99 points, down to the rider with the 100th fastest adjusted speed, who will be awarded 1 point.

3.0.3.3

For rides at level 1, points will be calculated as follows:

The average speed of the rider is corrected based on the handicap of the course of the ride (the same handicap as for rides over 80km on the course, as available on the ERASA ride calendar is used). This corrected speed is adjusted as indicated in the table below, based on:

- For rides held under the compulsory hold time keeping system, the average working pulse of the horse. The average working pulse is calculated by adding the pulse after the first phase to the pulse after the second phase, and dividing the total by two.
- For rides under the gate time keeping system, the average slip time of the horse. The average slip time is calculated by adding the slip time after the first phase to the slip time after the second phase, and dividing by two.

Riders are placed in accordance with the adjusted speed. The rider with the best adjusted speed is awarded 100 points, the rider with the second fastest adjusted speed 99 points, down to the rider with the 100th fastest adjusted speed, who will be awarded 1 point.

Average working pulse in beats per minute (compulsory hold system)	Average slip time (gate system) in minutes	Adjust speed by
40 or below	1 or less	0
41	1.5	- 0.25
42	2	- 0.5
43	2.5	- 0.75
44	3	- 1
45	3.5	- 1.25
46	4	- 1.5
47	4.5	- 1.75
48	5	- 2
49	5.5	- 2.25
50	6	- 2.5
51	6.5	- 2.75
52	7	- 3
53	7.5	- 3.25
54	8	- 3.5
55	8.5 – 10	- 3.75
56	10.5 – 12	- 4

57	12.5 – 15	- 4.25
58	15.5 – 17.5	- 4.5
59	17.5 – 19.5	- 4.75
60	20 or more	- 5

- 3.0.3.4 For rides at level 2 to 3, irrespective of the number of competitors in a class, the first placed competitor will be awarded 100 points, the second placed competitor will be awarded 99 points, down to the one hundredth placed competitor who will get one point.
- 3.0.3.5 Ties will be awarded equal points.
- 3.0.3.6 No points will be awarded for eliminations, retirements or no-shows.

3.0.4 RIDE INFORMATION

Ride information will be available on www.erasa.co.za. Entries must be done in accordance with the information provided for the specific ride.

3.0.5 ENTRIES, ENTRY FEES AND LEVIES

3.0.5.1 ENTRY FORMS

The following minimum information must be included on the entry form:

Name of rider

ERASA number (club number) of rider

Name of the horse

ERASA number of horse

Name of the school

Name and contact details of the teacher/parent in charge

Name and contact details of parents

Indemnity signed by parents

Distance entered

Entry fee due

Incomplete entry forms will not be accepted.

3.0.5.2 ENTRY FEES AND LEVIES

3.0.5.2.1 Entry fees will be determined by the ERASA club presenting the ride. These fees are payable by all riders on entry (in accordance with the procedure as laid down by the club involved)

3.0.5.2.2 A fixed levy per ride is to be paid. All pupils wishing to enter the SANEF Schools ENDURANCE Competition must pay the levies for the three qualifying rides and the National Endurance Schools Championship up front at the beginning of the season to the ERASA Office. The amount of the levy will be determined by SANEF Schools National Committee in collaboration with ERASA in the beginning of each season.

3.0.6 RIDE INFORMATION AND PROGRAMS

3.0.6.1 Ride information and a program for the ride will be available on the ERASA website, and will also be uploaded onto the SANEF Schools website at least one (1) week before the commencement of the event.

3.0.7 RESULTS

3.0.7.1 The results of each qualifying ride must be sent to ERASA after the ride for record keeping and processing of results.

3.0.7.2 All results, must be sent by ERASA to the SANEF Schools National office for record keeping and uploading onto the SANEF Schools website not later than twenty-one (21) days after the ride.

3.0.8 SUBSTITUTIONS

3.0.8.1 In qualifying rides, a substitution may be made of either horse or rider provided that they are from the same school and compete at the same level.

3.0.8.2 However, NO substitutions will be allowed for the National Championship and/or International competitions.

3.0.9 AWARDS

3.0.9.1 Prize money will not be awarded at any SANEF Schools rides.

3.0.9.2 Rosettes and/or medals and/or certificates and/or trophies etc. may be awarded at the discretion of ERASA and SANEF Schools Nationals.

3.0.10 SPONSORSHIP

3.0.10.1 Organisers may raise sponsorships for their qualifying rides.

3.0.11 RIDE MASTER AND OFFICIALS

3.0.11.1 Suitably qualified Ride masters and other officials as required, approved by ERASA, must be used for all the rides.

3.0.11.2 The decision of the ride master is final.

3.0.11.3 The lodging of any objection is to be done as per ERASA rules.

3.0.12 DRESS CODE

3.0.12.1 All competitors must wear an approved hard hat with a three-point harness.

3.0.12.2 Running shoes (“tekkies”) with chaps will be permitted only with safety stirrups.

3.0.12.3 School tee-shirts are compulsory.

3.0.12.4 Any colour jodhpurs or riding slacks will be permitted.

3.0.12.5 Footwear and protective headgear must comply with the current ERASA rules.

3.0.13 TACK AND TURN OUT

3.0.13.1 Tack must comply with the current ERASA rules.

3.0.13.2 Colourful tack and PVC Endurance bridles are permitted.

3.0.14 PROVINCIAL SCHOOL ENDURANCE EQUESTRIAN COLOURS

3.0.14.1 This will be awarded to all pupils who are selected to represent their respective PROVINCES at a Nationals Championship.

3.0.14.3 Provincial schools ENDURANCE colours are awarded by the SANEF Schools National Committee in collaboration with ERASA.

3.0.14.4 In the event that any province enters a second team for Nationals (no more than two teams will be permitted per Province), the members of the second team will receive B-team colours.

3.0.14.5 Pupils who received provincial schools ENDURANCE colours, but who did not compete, will have their provincial schools ENDURANCE colours withdrawn.

3.0.14.6 Please note that these are the ONLY provincial schools ENDURANCE colours that will be recognised by SANEF, ERASA, SANEF Schools and the various Provincial Horse Societies.

3.0.15 TEAMS AND SCORING AT SCHOOL ENDURANCE NATIONALS

3.0.15.1 The SANEF Schools National ENDURANCE Championships will be a level 3 event held in September or October of each year.

3.0.15.2 **Provincial Schools Teams** will consist of a maximum of four **(4) riders** per team.

3.0.15.3 A horse/rider combination must have qualified by successfully completing three qualifying rides at level 3 or 4.

3.0.15.4 Strictly NO substitutions are permitted at National Championships.

3.0.15.5 **Each Province** may enter **two (2) schools teams** at the annual SANEF Schools National ENDURANCE Championship.

3.0.15.6 The top three (3) scores of each team will count in determining the winning Provincial team at the National ENDURANCE Championship. Individual places will also be awarded.

3.0.15.7 A rider is only deemed to have Provincial School colours if he/she actually rides in a competition for which the colours were awarded.

3.0.16 NATIONAL SCHOOL ENDURANCE EQUESTRIAN COLOURS

3.0.16.1 National School ENDURANCE Equestrian teams will be selected from riders that competed at the National SANEF Schools ENDURANCE Championship when the opportunity arises for International competition, unless circumstances dictate otherwise.

3.0.16.2 National School ENDURANCE Equestrian colours will be awarded by ERASA (the National Federation) in collaboration with the SANEF Schools National Committee.

4.0.0 GENERAL

4.0.1 MEMBERSHIP

4.0.1.1 Riders do not need to be registered with ERASA if they only wish to enter for level 0 rides. For entry in rides at level 1 or higher, riders must be registered with ERASA.

4.0.1.2 A rider may only compete for a school at which they are a *bona fida* learner.

4.0.1.3 All schools must be registered with SANEF Schools Nationals and ERASA..

4.0.1.5 Horses and ponies do not need to be registered with ERASA if they are to be entered for level 0 rides only. For entry in rides at level 1 or higher, horses/ponies must be registered with ERASA

4.0.2 DISCIPLINARY PROCEDURES

4.0.2.1 If any competitor, parent, teacher, chef d'Equipe or instructor contravenes any of the rules, a disciplinary process as per ERASA Constitution and Rules will be instituted.

4.0.2.2 This could result in suspension for the Rider and/or suspension for the School and/or loss of Qualifying Points and/or loss of School, Provincial or National Colours.

4.0.2.3 Ill treatment of the horse, use of prohibited substances, bad behaviour of rider or parent and transgression of ERASA rules will be subject to a disciplinary.

4.0.2.4 Schools will be informed of all disciplinary measures.

4.0.3 HORSES AND PONIES

4.0.3.1 Riders can ride horses or ponies of any size in both High School and Primary School Competitions.

4.0.3.2 No rider is allowed to ride a stallion at any SANEF Schools ride in any class unless specific permission has been granted by SANEF Schools National Committee and the relevant indemnity form has been completed and lodged. The form is available on www.sanefschoools.org.za.